Food Guide Resource List

Food Guide IRSS- <https://www.cbc.ca/radio/unreserved/how-food-in-canada-is-tied-to-land-language-community-and-colonization-1.5989764/the-dark-history-of-canada-s-food-guide-how-experiments-on-indigenous-children-shaped-nutrition-policy-1.5989785>

Food Guide research <https://canadianfeedthechildren.ca/the-feed/food-guide-2023/>

[**Canada's Food Guide**](https://www.canada.ca/en/health-canada/services/canada-food-guide/about/history-food-guide.html) (Health Canada, 2019)

Administering Colonial Science: Nutrition Research and Human Biomedical Experimentation in Aboriginal Communities and Residential Schools, 1942–1952 (Ian Mosby, University of Toronto, 2013)\*

[**'As a matter of policy, kids were hungry in residential schools’: The dark history of Canada’s food guide**](https://healthydebate.ca/2022/04/topic/history-canadas-food-guide/) (Meghan McGee, Healthy Debate, 2022)

[**The Dark History of Canada's Food Guide**](https://www.cbc.ca/radio/unreserved/how-food-in-canada-is-tied-to-land-language-community-and-colonization-1.5989764/the-dark-history-of-canada-s-food-guide-how-experiments-on-indigenous-children-shaped-nutrition-policy-1.5989785) (CBC Radio)

[**“Hunger was never absent”: How residential schools diets shaped current patterns of diabetes among Indigenous peoples in Canada.**](https://link.gale.com/apps/doc/A500500135/AONE?u=ocul_carleton&sid=bookmark-AONE&xid=3c8143fb) (Ian Mosby and Tracy Galloway/Canadian Medical Association Journal, 2017)

[**Canada’s shameful history of nutrition research on residential school children: The need for strong medical ethics in Aboriginal health research**](https://www.proquest.com/docview/1540731756?accountid=9894&parentSessionId=Jp5PxwwzTuOnSIP%2F%2BWdc55GrbiElYBtSlCG8dtrzEAg%3D&pq-origsite=primo) (Noni MacDonald, Richard Stanwick and Andrew Lynk, Paediatrics and Child Health, 2014)

[**Eating Well with Canada's Food Guide - First Nations, Inuit and Métis**](https://www.canada.ca/en/health-canada/services/food-nutrition/reports-publications/eating-well-canada-food-guide-first-nations-inuit-metis.html) (Health Canada, 2007)

[**Gifts from our relations**](https://nada.ca/gifts-from-our-relations/) (National Indigenous Diabetes Association, 2020)

[**Coalition for Healthy School Food**](https://www.healthyschoolfood.ca/)

[**Indigenous School Food Working Group**](https://www.healthyschoolfood.ca/indigenous-school-food-working-group)